

DISCUSSION GUIDE

- Smith Hopkins -

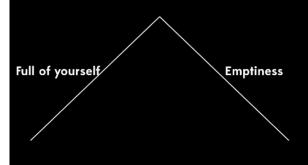
The Big Idea

"Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too. You must have the same attitude that Christ Jesus had." (Philippians 2:3-5).

Discussion Questions

Selfishness Undermines Happiness

- 1. Have you ever experienced this? What happens to loving relationships and friendships over time when one person is selfish?
- 2. What's your typical way of masking over emptiness when you're feeling unhappy or small?
- 3. Is it possible to serve others while still feeling full of yourself? Yes! If we think we're better than, it's another way to put SELF/others.



Emptying Yourself Leads to Fullness

- 4. How is the Jesus-path to fullness different from our typical approach to putting ourselves over others?
- 5. Imagine your friend got the part in the play, team, or trip that you wanted. What kinds of temptations might come into your mind if you put SELF/others? How would it look differently to empty yourself and lean into who God says you are?

